



KAMALJEET SINGH

CLUSTER MANAGER (SOUTH INDIA)

I have been serving health industry from last 7 years. I have learned the art of management and operations by working with different hospitals and natural healing organisations. I have gained expertises in running whole operations of ayurveda, naturopathy, yoga, resistance training, special populations trainings, and other similar departments. I have organised and been a part of many camps, workshops and helped them to stay healthy with this art.



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WORK EXPERIENCE

Cluster Manager

Avantika Wellness. • November 2023 to Present

Wellness & SPA Manager

Hibiscus Wellness. • June 2023 to September 2023

Head of Operations (Ayurveda and Naturopathy)

Patanjali Wellness. • July 2022 to June 2023

GYM & Wellness Manager

Snap Fitness • February 2020 to 2022

Alternative Medicine Practitioner & HR

BKS Yoga & Wellness • January 2020 to 2022

Yoga Instructor & Resistance Trainer

Thakur Yoga and Fitness World • 2016 to 2019

EDUCATION BACKGROUND

M.D Acupuncture

ATAMA, Chennai, 2021 (P)

Diploma in Nutrition & Health Education

IGNOU, Bangalore, 2023(P)

MSc Yoga Therapy & Consciousness

SVYASA Bangalore, 2021

M.D. Cupping Therapy

Nature cure foundation & Delhi academy of cupping and health science, 2021

Diploma in Personal Training

K11 School of Fitness Science, 2020

EDUCATION BACKGROUND

Bachelor (Physical Education)

SGGS College, Punjab University, Chandigarh, 2017

CERTIFICATION

YIC (Yoga Instructor Course)

SVYASA University, Bangalore

NSDC Cretified

National Skill Development Corporation

CPR & AED Certified

Cardio pulmonary Resuscitation & Automated ecternal defibrillator

REPS (REGISTER FOR EXERCISE PROFFSSIONAL)

Certified Personal Trainer

KNOWLEDGE

- Management and Operations
- Yoga Therapy
- Ayurveda
- Panchakarma
- Naturopathy
- Acupunture
- Cupping Therapy
- Music Therapy
- Sujok
- Nutrition
- Form and tech. of different schools of yoga
- Mind healing techniques

LANGUAGES KNOWN

- English
- Punjabi
- Hindi
- Kannada

PERSONAL DETAILS

Date of birth: 15.09.1995

Sex: Male

Nationality: Indian

Marital Status: Unmarried