

# BALAKRUSHNA ASURI

dr.a.balakrushna@gmail.com • (+91) 9938767970 • Berhampur, Odisha

## PROFILE

Accomplished Ayurvedic practitioner and administrator with over 30 years of experience in healthcare, including 4 years in senior administrative roles. Founder and Director of Charak Ayurveda Dham, a leading center for Panchakarma therapies and Kottakkal treatments. Proven track record of managing large teams, developing wellness programs, and achieving significant milestones, including recognition in the India Book of Records for Padma Sirsasana. Passionate about promoting Ayurveda and Yoga, with a decade of leadership as State Vice President of Arogya Bharati, dedicated to holistic health and public service.

## WORK EXPERIENCE

### Charak Ayurveda Dham

**Berhampur**

*Founder*

Apr 2020 - Present

- Established a renowned center for Panchakarma therapies and Kottakkal treatment, contributing significantly to community health.

### Arogya Bharati

**India**

*State Vice President*

Apr 2015 – Present

- Serving as State Vice President for 10 years, actively involved in promoting Ayurveda and Yoga through various initiatives.

### Government of Odisha

**Odisha**

*District Ayurvedic Officer*

Jul 2016 – May 2020

*Ayurvedic Medical Officer*

May 1986 – Jun 2016

- Held the position of District Ayurveda Officer for 4 years, overseeing administrative duties and the effective delivery of healthcare services in Ganjam District.
- Served for 30 years in Odisha government providing ayurvedic treatment across various districts in Odisha.

## AWARDS

- India Book of Records - Set a record for **Maximum Padmasanas performed while holding Shirshasana pose**. Performed 74 Padmasanas while holding the Shirshasana pose in 5 minutes, as confirmed on June 1, 2021.
- Academic - Awarded Bishnupriya Devi Memorial Gold medal for securing the highest marks in the final B.A.M.S examination (1984).

## EDUCATION

### Berhampur University

**Berhampur**

*Master of Arts in Public Administration*

Sep 2002

### Berhampur University

**Berhampur**

*Bachelor of Ayurvedic Medicine and Surgery (B.A.M.S)*

Sep 1985

## SKILLS

**Leadership & Team Management:** Strong leadership skills demonstrated through roles such as District Ayurveda Officer and State Vice President of Arogya Bharati.

**Ayurvedic Medicine & Therapies:** Extensive knowledge and practice in Ayurvedic treatments, including Panchakarma, Kottakkal, and traditional Ayurvedic therapies.

**Health Administration:** Proven experience in managing Ayurvedic healthcare facilities, including staff supervision, budgeting, and policy implementation.

**Public Health Initiatives:** Experience in leading and organizing community health programs and awareness campaigns in Ayurveda and Yoga.

**Yoga Expertise:** Proficient in advanced yoga practices, including complex asanas like Padmasana and Shirshasana