SIMRAN KAUR SIDHU

CONTACT

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Rampura phul dist. bathinda

SKILL

Hands on experience of Panchakarma, Ksharsutra and various Gynecology Procedures

Making diagnosis and treatment as per ayurvedic methods as well as modern methods

Having experience of assisting minor surgical procedure

Hands on experience of dressing and suturing wounds

Good knowledge about marma therapy

Have a basic knowledge of Computer and Microsoft applications for maintaining data and records

Hands on experience of blood sampling, IV canulation ,catheterization and other pre operative procedures

LANGUAGES

Punjabi

Hindi

English

OBJECTIVE

As a recent graduate, I am seeking a role which allows me to continue learning and perfecting my skills as I provide high—quality work, and encourages me to flourish as a physician

EXPERIENCE

01/09/2023 - Govt. Rajindra Hospital Patiala 29/02/2024 Intern

> Clinical postings in Emergencies OPD IPD of Medicine for 2 month ENT and Eye OPD, OT for 15 days each Gynecology OPD IPD OT for 15 days Labor room and emergency for 15 days Pediatrics OPD IPD emergency for 1 month Surgery OPD, IPD, OT and Emergency for one

month

01/03/2024 - Govt. Ayurvedic Hospital Patiala Intern

Rotatory clinical postings in various deprtments like Kaya Chikitsa for 2 month Shalya Tantra for 1 month Shalakya Tantra for 1 month Bal Rog for 15 days Yoga and Panchkarma for 15 days and Stree Rog evum Parsuti Tantra for 1 month

EDUCATION

2024 Govt. Ayurvedic College Patiala

BAMS 64.89%

ACTIVITIES

Participates in health awareness programs organized by college and Punjab government

Participates in various competition held under har din har ghar ayurvedha theme organized by india government

Participates in yoga camps and awareness program about health and exercise in various schools and colleges in patiala

