



# Nisha Indoria

## Doctor

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### Date of birth

08 sept 1996

### Nationality

Indian

### Skills

Self-motivation

Decision Making

Problem Solving

Creativity

Teamwork

Ability to Multitask

Time Management

Leadership

Communication

Fast Learner

Adaptability

Effective Time Management

Communication Skills

Ability to Work in a Team

Leadership Skills

Problem Solving Skills

## Profile

Seeking a Healthcare position where I can utilize my skills and knowledge to contribute to the team's success.

I am a highly qualified medical professional with a Bachelor's degree in Ayurvedic Medicine and Surgery (BAMS) and several years of experience in the field. My expertise covers a wide range of areas, including diagnosis, treatment, and psychotherapy. In addition, I possess excellent communication and interpersonal skills, which enable me to effectively interact with patients from diverse backgrounds

my skills and knowledge to contribute to the team's success.

## Employment History

### Allopathy internship

#### Employment History

##### *Allopathy Internship*

\* Community Health Center, Ramgarh Shekhawati, Rajasthan

\* February 2024 - August 2024

#### **Responsibilities:**

\* Provided patient care under the supervision of senior physicians\* Provided patient care under the supervision of senior physicians\* Provided patient care under the supervision of senior physicians\* Provided patient care under the supervision of senior physicians\* Provided patient care under the supervision of senior physicians\* Provided patient care under the supervision of senior physicians\* Provided patient care under the supervision of senior physicians

\* Conducted physical examinations, medical histories, and diagnoses

\* Prescribed medications, administered treatments, and monitored patient progress

- Assisted with small surgical procedures and attended post-operative rounds

\* Coordinated patient care with nurses, social workers, and pharmacists

\* Documented patient medical records and maintained accurate charts

Problem Solving Skills

Best Medicine Practices

Diagnosis and Treatment

Strong Communication Skills

Preventative Care

Agnikarma specialist

Viddhakarma

Marma therapy and  
psychotherapy

\* Participated in patient education, health promotion, and disease prevention activities

\* Stayed up-to-date with medical advances and best practices through research and continuing medical education

### **Ayurveda internship**

#### **Employment History**

##### **Ayurveda Internship**

\* Shekhawati Ayurvedic Medical College and Hospital, Pilani, Rajasthan

\* August 2023 - February 2024

##### **Responsibilities:**

\* Provided patient care under the supervision of experienced Ayurveda physicians

\* Conducted physical examinations, took medical histories, and performed Ayurvedic diagnostics

\* Prescribed Ayurvedic medications, administered treatments, and monitored patient progress

\* Assisted with Panchakarma therapies, such as Shirodhara, Abhyanga, and Swedana

\* Participated in the preparation and administration of Ayurvedic medicines

\* Documented patient medical records and maintained accurate charts

\* Assisted with research projects and clinical trials related to Ayurveda

\* Educated patients on the principles of Ayurveda and healthy living

\* Stayed up-to-date with advancements in Ayurveda and related fields through research and continuing medical education

## **Education**

**12th, Swami keshwanand senior secondary school , Ramgarh shekhawati sikar**

May 2012 — March 2013

#### **Leadership and skills**

##### **Skills:**

\* EMR systems proficiency

\* Excellent communication

\* Teamwork and interpersonal skills

\* Detail-oriented and organized

##### **Additional:**

\* Research experience

\* Mentoring skills

**BAMS , Shekhawati Ayurveda medical college and hospital pilani, Pilani  
jhunjhunu rajasthan**

November 2018 — August 2023

**1. Clinical Skills:**

- \* Ayurvedic diagnosis and treatment planning
- \* Panchakarma therapies
- \* Ayurvedic pharmacology and materia medica

**Research Skills:**

- \* Literature review and analysis
- \* Clinical research methods

**Communication Skills:**

- \* Patient counseling and education
- \* Effective written and verbal communication

**Other Skills:**

- \* Strong work ethic and dedication to patient care

**2. Studies:**

\* Strong work ethic and dedication to patient careStudies:

- \* Ayurveda fundamentals and principles
- \* Ayurvedic anatomy, physiology, and pathology
- \* Ayurvedic pharmacology and therapeutics
- \* Clinical practice and case studies
- \* Research methodology and biostatistics

**Extra-curricular activities**

**Member of student commitee, Ayurveda federation of India , Ramgarh  
shekhawati sikar**

2022