

## Dr. Anurag Singh Banafar

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### CAREER OBJECTIVE

Dedicated and detail-oriented Ayurveda medical professional with comprehensive experience in patient care, medical diagnosis, and treatment planning. Proficient in interpreting diagnostic results and committed to ensuring positive health outcomes through personalised treatment plans based on Ayurveda principles. Seeking to leverage my skills and knowledge to contribute effectively as an Ayurveda Medical Officer.

### Education

Degree	Institution	%	Year
BAMS	Veena Vadini Ayurveda College	70	2017 - 2024
Class XII	JNV Amarkantak	76	2014 - 2015
Class X	JNV Amarkantak	76	2012 - 2013

### SKILLS

- **Clinical Skills:**
  - Comprehensive patient assessment using Ayurveda techniques (Nadi Pariksha, Dosha assessment)
  - Treatment planning and execution based on Ayurvedic principles (Panchakarma, Shamana, Shodhana)
  - Diagnostic interpretation (Prakriti analysis, Vikriti assessment)
- **Professional Skills:**
  - Medical procedures and interventions (Basti, Vamana, Virechana, Nasya)
  - Interdisciplinary collaboration
  - Medical documentation
  - Effective communication

### PROFESSIONAL EXPERIENCE

#### Community Health Center Rajendragram

Internship Anuppur, MP

- Conducted direct patient care and medical evaluations.
- Volunteered in various medical camps.
- Maintained accurate health records and medical documentation.

#### Shiddhanta Hospital

Bhopal

- Collaborated with multidisciplinary health care teams to ensure coordinated patient care.
- Performed medical procedures and interventions as required.