

Dr. Janak Gupta

AYURVEDIC PRACTITIONER AND DOCTOR

OBJECTIVES

Dedicated and compassionate Ayurvedic doctor seeking an opportunity to apply my knowledge and skills in patient care, holistic healing, and wellness. Eager to contribute to a healthcare team and make a positive impact on patients' lives.

CLINICAL EXPERIENCE

INTERN

Dayanand Ayurvedic College and Hospital, Jalandhar, Punjab
(Aug 2023 – Aug 2024)

- Assisted senior doctors in patient consultations, diagnosis, and treatment planning.
- Conducted Panchakarma therapies, including Abhyanga, Shirodhara, and Nasya.
- Observed and participated in Ayurvedic surgeries.
- Managed patient records and maintained hygiene standards.

MEDICAL TRAINEE

Government Ayurvedic Hospital, Bulandshahr, Uttar Pradesh
(May 2022 – Jul 2022)

- Assisted senior doctors in assessments and examinations in OPD.
- Managed patient records and maintained hygiene standards.

MEDICAL OFFICER

Aggarwal Liver and Gut Hospital, Jalandhar, Punjab
(Jul 2021 – Oct 2021)

- Assisted senior doctors in patient consultations, diagnosis, and treatment planning.
- Observed and participated in Ayurvedic surgeries.

CONTACT

drjanakgupta6@gmail.com
(+91) 75991 31909, 7017804594
Jalandhar, IN

EDUCATION

Dayanand Ayurvedic College, Jalandhar
(2018-2024)
Bachelor of Ayurvedic Medicine and Surgery

SKILLS

Ayurvedic diagnosis and treatment
Ayurvedic & herbal medicine formulation
Panchakarma therapies
Nasya
Akshitrapan
Holistic wellness promotion
Patient counselling and education
Documentation and reporting
Team collaboration
Good communication and interpersonal skills

CERTIFICATIONS

Certificate in Prakriti Analyst course by
CCRAS

LANGUAGES

Hindi, English, Sanskrit