SPOORTHI H R

A dedicated and passionate Food Science & Nutrition graduate with expertise in food safety, nutrition analysis, and product development. Seeking a challenging position in the food industry where I can utilize my academic background, research experience, and skills to contribute to innovative solutions and improve public health

✉ hrspoorthi078@gmail.com   📱 8088032339   📍 Hanumanthapura, Maddur Tq, Mandya Dist   📅 **14 May 2001**

EDUCATION

MSC in Food Science & Nutrition
ManasaGangotri - University Of Mysuru
12/2022 - 08/2024   *Mysuru*

BSC in BZF (Biochemistry, Zoology, Food scinece & Nutrition)
Maharani's Science College For Women
08/2019 - 11/2022   *Mysuru*

Pre-University Education
Mahesh PU College
07/2017 - 04/2019   *Mandya*

Karnataka School Examination and Assessment Board
Poorna Prajna High School
05/2017   *Maddur, Mandya*

WORK EXPERIENCE

Fresher

LANGUAGE

Kannada - Native
English - Intermediate
Hindi - Basic

INTERESTS
Cooking
Listening Music
New Product development

Extracurricular Activities

Participated in organizing workshops and seminars on current trends in food science.

Engaged in community service by educating the public on nutrition and healthy eating.

SKILLS

- Technical Skills: Nutritional analysis, food safety protocols, product formulation, laboratory techniques
- Research Skills: Literature review, experimental design, report writing
- Soft Skills: Strong communication, problem-solving, teamwork, project management
- Software Proficiency: Microsoft Office Suite (Word, Basic Excel, PPT,..)

PROJECTS

Seed Burst Cookies (07/2024 - 08/2024)
- Seed Burst Cookies is a culinary project focused on creating a unique line of nutritious, eco-friendly cookies. These cookies are designed to be a healthy snack option, rich in a variety of seeds known for their high nutritional value. The project aims to cater to health-conscious consumers looking for a convenient way to incorporate more superfoods into their diet, as well as those with dietary restrictions such as gluten intolerance or vegan preferences.

CERTIFICATIONS & PROFESSIONAL AFFILIATIONS

Basic Statistical Analysis Using SPSS (02/2024)
SPSS (Statistical Package for the Social Sciences) is a powerful tool used for data analysis in various fields such as social sciences, marketing, health research, and more. This guide provides a basic overview of how to perform statistical analysis using SPSS, covering data entry, descriptive statistics, and simple inferential tests.

Conference Attended in Defence Food Research Laboratory - Mysuru (06/2024)
Participated in a specialized conference focused on advancements in food research and technology within the defense sector.

Engaged with industry experts and researchers to discuss cutting-edge developments and innovations.

Contributed to discussions on food safety, sustainability, and nutritional advancements in military and defense contexts.

Gained insights into emerging trends and research methodologies in food science and technology.

Industrial Visit to KMF (Karnataka Milk Federation) (08/2023)
Gained firsthand experience in the dairy production process, including milk procurement, processing, packaging, and distribution.

Observed quality control measures and the application of hygiene standards in a large-scale dairy operation.

Interacted with industry professionals to understand the integration of technology and automation in dairy production. Acquired knowledge of supply chain management within the dairy industry and the cooperative model of KMF.