

SUDHA YADAV

AYURVEDA PRACTITIONER

SUMMARY

A quick learner and skilled ayurveda practitioner with good knowledge of ayurvedic medicines and therapeutic procedures like panchkarma procedures. Along with that basic knowledge of other pathies as well. Strong problem-solving skills and ability to work effectively in a team-based environment Wants to work with leading organisations in field to show my potential and skills so as to achieve organisation's goal along with my personal success.

WORK EXPERIENCE

One year experience of internship

9 months of posting in ayurvedic hospital

Ch. Brahm Prakash Ayurveda Charak Sansthan, Delhi

- I have been posted in various dept, like panchkarma, prasuti tantra, shalya tantra, shalakya tantra, kayachikitsa and bala roga.
- Handled OPOS, PDS and therapy rooms. I did many procedure by myself like basti karma, abhyang, shirohara, patra pinda svedan tarpan and many more.

Assisted in major panchkarma procedures like vaman and virechan Handled OPDs of approx. 150-200 patients on daily basis in different ent departments.

3 months of posting in Allopathic Hospital


- Posted in labour room ANC and PNC for 1 month.
 - Handled many deliveries (with/without episiotomy) on my own.
 - Assisted in LSCS with other senior doctors.
 - Posted in emergency care unit for 1 month, got the chance to handle many emergency cases.
 - Wound suturing.
- Posted in OPD's of different dept. like gynae and obs dermatology, ortho, surgery, and pediatrics got basic knowledge about allopathic medicine, diagnosis and treatment.


EDUCATION

B.A.M.S


CHAUDHARY BRAHM PRAKASH AYURVEDA CHARAK SANSTHAN

2017-2023 with 1 year of internship

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SKILLS

Prepared many ayurvedic medicines during my degree time with positive

result.

Knowledge of Panchkarma procedures Ayurvedic medicines

Yoga and Medication

Surgery related to piles and fistula.

Have knowledge of allopathic

medicines, diagnosis, good hand on suturing-

MS Word, MS office and excel and

other computer basics.

LANGUAGES

- English
- Hindi